



# Blessed Sacrament Parish

**Pastor**  
Rev. Peter Raj

**Deacon**  
David Allen

Your words,  
O Lord, are

*Spirit & Life*



**Blessed Sacrament Parish**  
Office: 782.2953 | Fax: 785.1064

Email: [office@bsplacrosse.org](mailto:office@bsplacrosse.org)

Web: [bsplacrosse.org](http://bsplacrosse.org)

Address: 130 Losey Blvd.,  
La Crosse, WI 54601

**Blessed Sacrament School**

Principal Kate Moll  
Office: 782.5564

**Aquinas Catholic Schools**

Office: 784.8585

## January 30, 2022 Fourth Sunday in Ordinary Time

### MASS SCHEDULE

Saturday Evening 4:30 pm  
Sunday Morning 8:00 & 10:00 am  
Monday - Friday 7:15 am

### CONFESSION

Saturday 3:30-4:15 pm  
Other times by appointment

### BENEDICTION

First Friday 7:45 am

Call the Parish Office to make arrangements:

- \*To join the parish
- \*For a wedding (6 months in advance)
- \*For Baptism class information
- \*For Anointing of the Sick: Those who are seriously sick or have been ill for a long period of time should receive the Sacrament of the Sick and Holy Communion.
- \* If you are home-bound because of illness and would like to be visited, please call.

### MINISTRY LEADERS

MCs: *Gabe Trussoni*  
*Mike Vanderploeg*  
*William Arnold*

Weekend Servers  
(Middle and High Schoolers):  
*Gabe Trussoni*

Readers: *Mary Jo Reinders*

Extraordinary Ministers of the  
Eucharistic: *Carolyn Steingraeber*

Petition Readers: *Barb Clements*

Ushers: *Tom Kratt*  
[tomkratt@charter.net](mailto:tomkratt@charter.net)

Offering Families: *Call the office to volunteer*

Rosary Leader Schedule: *Mary Schuttenhelm & Barb Clements*

Weekday Servers (Grade Schoolers):  
*Stephanie Gauger*

Weekday Readers: *Caryl Doberstein*

Weekday Eucharistic Ministers:  
*Carolyn Steingraeber*

### PARISH CONTACTS

Office Ass't Dir: *Elizabeth Skemp*

Finances: *Steve McGovern,*  
*Luci Johnson*

Building Maintenance:  
*Carl Francksen*

Scrip Coordinator: 782.2953 ext. 1  
*Pat Hammes*

Website: *Jennifer Kulzer*

Music Director: 782.2953 ext. 4  
*Pauline Connell*

Religious Education: *Pauline Connell*

RCIA & Confirmation Preparation:  
*Jennifer Kulzer*

First Communion & Reconciliation  
Preparation: *Pauline Connell*

Funeral Lunch Coordinator:  
*Bernice Lansing*

Bulletin Editor: *Pauline Connell*

Sacristan: *Jean Kachel*

Women's Club: *Helen Roop*

Men's Club: *Ken Hanson*

Widow & Widowers Group:  
*Barb Schmitz*

January 30, 2022

### CATHOLIC SCHOOLS WEEK

January 30 – February 4

Aquinas Catholic Schools is a Christ-centered family devoted to nurturing students of all faiths through educational excellence in its vibrant Catholic tradition.

Enrollment and re-enrollment for the 2022-23 school year is now open. If you are interested in exploring your options when it comes to education, we would be happy to show you what Aquinas has to offer. We have options for financial aid beginning in 5K, after-school care options, and wide-reaching bus routes throughout the area.

Contact [info@aquinasschools.org](mailto:info@aquinasschools.org) with any questions or visit [www.aquinascatholicsschools.org/enrollment](http://www.aquinascatholicsschools.org/enrollment).

Follow @AquinasCatholicSchools on Facebook.

During Catholic Schools Week the students will come together for Mass with Bishop Callahan on the Feast of St. Thomas Aquinas, enjoy school spirit day, participate in a Bible Bowl (and you thought you were smart!), play some wild games of Bingo, cheer their favorite Speed Stackers, and celebrate the special bond of learning in a Christ-centered environment.

Have a wonderful week!

### CATHOLIC CAMPAIGN FOR HUMAN DEVELOPMENT

More than 37 million people in the United States live in poverty. The Catholic Campaign for Human Development supports those living in poverty by funding programs that empower local communities to address the challenges they face. It identifies and addresses the unique obstacles people face as they work to lift themselves and their communities out of poverty. In addition, 25% of the funds we collect remain in our Diocese to fund local antipoverty projects. By supporting this collection, you are giving those on the margins a hand up, not a handout.

You may use the envelopes in the pews this weekend. They may be dropped off next weekend or mailed/delivered to the parish office.

### MASS INTENTIONS

It is a blessing when a Mass can be offered for someone dear. When you contact the parish office to arrange for Masses, be aware that our parish reserves Masses on this basis: 3 Masses may be offered for the same person on specific dates, 1 being on a weekend or holiday, and 2 during the week. These are scheduled at least 6 weeks apart. Additional Masses for that person will be scheduled when there are openings for Mass intentions. It is especially helpful when Masses are requested without a specific date attached. All Mass stipends are \$10.

January 31 – February 6, 2022

### MASS INTENTIONS

This week's reader: Bob Kelemen

- MON 1/31** John Bosco  
7:15 *+Dick Schubert*
- TUES 2/1** Weekday  
7:15 *+Lyra Heath & +Sister Joanne Kelzer*
- WED 2/2** Presentation of the Lord  
7:15 *+Larry Silha*  
8:15 *+Lori Monk*
- THUR 2/3** Weekday; Blaise; Ansgar  
7:15 *+Marguerite Schneider*
- FRI 2/4** Weekday  
7:15 *+Richard & +Joan Kastman*
- SAT 2/5** Agatha  
NO 7:15 Mass

### FIFTH SUNDAY IN ORDINARY TIME

Celebrant: Father Aaron Becker

- SAT 2/5** 4:30 pm *+Ed Trussoni*  
Servers: Mike & Elizabeth H.  
Readers: Dave & Mary Jo Reinders  
Rosary Leader: Dave & Mary Jo Reinders
- SUN 2/6** 8:00 *For the People of the Parish*  
Servers: Jackson & Jonny W.  
Readers: Dan Skemp, Donna Levi  
Rosary Leader: Irm White-Drier  
10:00 *Intention of the John & Lisa Reiman family*  
Server: Matthew B.  
Readers: Dave Weinberger, Kris Gerke  
Rosary Leader: Steve Flottmeyer

### CONFESSIONS

Saturdays, 3:30-4:15  
or by appointment.

### THURSDAY ROSARY, 6:30 PM

Do you have a special intention and need Our Lady's intercession? Join us as we pray the Rosary Thursday evenings at 6:30 in the main church. Please use the alley handicap door.

### MEN'S GATHERING

Tuesday, February 8, 6:00, Parish Center  
Mark your calendar. Come for prayer & learning.

Men's Prayer:

Dear Heavenly Father, thank you for Your love and mercy. I pray, Lord, that we might be worthy servants for You. Holy Spirit, guide us, help us to be holy men, men of virtue, men of prayer, men of faith, men of love, men of hope, and men of discipline. May we continue to strive to become the best version of ourselves. In Jesus' name we pray. Amen

## AROUND THE PARISH

### PRAY FOR OUR PRIESTS

Father Raj and all our priests are an amazing help in our spiritual growth. Without them we would not have the sacraments to help us on our journey to Heaven. Every Wednesday at 1:30 you are invited to join us as we pray for priests. Call Barb Clements at 608-782-5777 to get the details. We would love to have you!

Empty ice cream buckets and lids may be dropped off in the parish office, the Narthex, or the Parish Center kitchen. The funeral lunch crew says: thanks. By the way, egg cartons and brown paper grocery bags are so appreciated at Wafer. We'll take them off your hands, too.

### WORLD DAY FOR CONSECRATED LIFE

Feb 5 & 6

Pope Saint John Paul II instituted this day of prayer in 1997 to highlight the gift of the consecrated persons to the whole church. It is celebrated close to Feb 2, the Feast of the Presentation of the Lord, Candlemas Day, when the candles used at Mass are blessed. So too, those in consecrated life are called to reflect the light of Jesus to the world. WE ARE, TOO!

### BLOOD DRIVE

#### HERE AT OUR PARISH

Friday, February 11, 11-4 pm  
Check the flyer on the bulletin board or our parish website for information on signing up  
Give blood; give life!  
**There is a special need for Type O blood at this time**

### WARMING CENTER

#### 3rd Street Catholic Charities site

Our parish is joining with Roncalli Newman to provide food & volunteers on Saturdays nights.  
\*10-12 volunteers; 2 for food  
\*guests will be quarantined if they exhibit COVID symptoms; other health safety precautions will be in place  
\*limited to 30 guests/night  
To sign up contact:  
[anthonyweisse@gmail.com](mailto:anthonyweisse@gmail.com) or check the parish website

*Address, email, or phone number change? Let the Parish Office know so we don't lose track of you.*

### \$CRIP NEWS

Could you help with our flourishing \$crip program by being a seller after a weekend Mass once a month? Call the office to let us know when you are available. 782-2953, ext. 1

### Formed.org

As we celebrate the martyrdom of Paul Miki and his companions this week, we invite you to learn more about a modern martyr from the United States. In *An Ordinary Martyr: The Life and Death of Blessed Stanley Rother*, we encounter this ordinary man who loved extraordinarily.  
Check it out on Formed.org.

### BABY BOTTLES FOR BIRTHRIGHT

Birthright gives people facing a troubling or unexpected pregnancy hope and support. Help the volunteers with your donations. Take a baby bottle home, and through the next few weeks put your spare change in the bottle. Return the bottle to church in early March or send a check to Birthright through our parish.

Pray for the moms, dads, and those little precious gifts they are given.

## PARISH SUPPORT

### BUDGET

July 1, 2021- June 30, 2022

|                 |          |
|-----------------|----------|
| Needed Weekly   | \$13,000 |
| Received Jan 23 | \$6,509  |

I'm a multitasker. I can listen, ignore, and forget all at the same time.

### COMING UP

Jan 30 Collection for Catholic Campaign for Human Development  
Jan 30 - Feb 4 Catholic Schools Week  
Feb 2 Religious Ed classes  
Feb 5-6 World Day for Consecrated Life  
Feb 8 Men's Gathering, 6 pm  
Feb 11 Blood Drive at BSP  
Feb 13 Little Flowers Club, 11:30  
Feb 14-20 Our week for Mobile Meals  
Mar 26 First Confession, 9:00  
Apr 20 Confirmation, 6:30 pm  
May 1 First Communion, 10:00

## COMING UP

### ANGELS OF MERCY PRAYER GOUP

If you or someone you know is seriously ill, facing surgery, or needs prayers, please contact the Parish Office so our ANGELS OF MERCY Prayer Group can be notified. If you would like to join this army of prayers, let the office know, as well.

### WELCOME TO BLESSED SACRAMENT PARISH

Ted and Lindsey Hanson  
children: Wesley, Josephine, Vincent

### ADORATION CHAPEL

Located through the entrance in the alley between King and Main Streets. If you wish access between 8 pm and 6 am, call the parish office for the door code.

### RETURN

This New Year resolve to help your loved ones RETURN to their Catholic Faith. 6.5 people leave the Catholic Church for every one who joins, and 50% of the young people who were raised Catholic are no longer Catholic today. This course is designed as a game plan so you can make a difference in these statistics and help your loved ones return to the Faith. Sessions meet weekly at St. James, St. Patricks, the Cathedral, here at BSP, and as a home study. The cost is just \$8.00, including the study guide.

Information on times and locations on the bulletin boards in church, on the Parish Website, or call the office, 782-2953, ext. 2.

## AROUND TOWN

### LEARNING TO LIVE AND LOVE BEYOND BIAS

Workshops presented by Rev. Christa Fischer  
Tuesdays: Feb 1, 8, & 15, 6-8 pm  
St. Anthony Retreat Center  
Learn how bias is real and has a powerful and  
devastating impact on our lives.  
Free will offering  
[www.sarcenter.com](http://www.sarcenter.com).

### RETROVAILE PROGRAM

Help for struggling marriages  
This is a 3-phase program that begins with a  
weekend stay in Wausau. Post sessions provide  
ongoing healing and support. Participants reflect  
and interact in privacy with their spouse; this is not  
group therapy. Costs are very affordable. Questions?  
Go to: [www.HelpOurMarriage](http://www.HelpOurMarriage), or call 877-922-4673.  
The next session begins on Feb 18-20.

### PRAYING WITH CLARE

Sat, Feb 5, 9-noon, via Zoom; \$25  
Presenter: Sister Sarah Hennessey  
Clare of Assisi co-founded the Franciscan  
movement and was a true spiritual teacher. Uncover  
some of her gems through prayer, presentation,  
and discussion.  
Register at [FSCenter.org](http://FSCenter.org) or call 608-791-5295.

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**SEMINARIANS TO PRAY FOR THIS WEEK**

|       |                        |
|-------|------------------------|
| Mon   | Someone God is calling |
| Tues  | Deacon Matthew Bowes   |
| Wed   | Deacon Steven Weller   |
| Thurs | Jared Clements         |
| Fri   | Alex Kren              |
| Sat   | Isaac Pecha            |
| Sun   | John Zweber            |

### PRAYER FOR VOCATIONS

*Heavenly Father, bless Your Church with an abundance of  
holy and zealous priests, deacons, brothers, and sisters.  
Give those You have called to the married state and those  
You have chosen to live as single persons in the world the  
special graces that their lives require. Form us all in the  
likeness of Your Son, so that in Him, with Him, and through  
Him, we may love You more deeply and serve You more  
faithfully, always and everywhere. With Mary we ask this  
through Christ our Lord. Amen.*

Consider offering an Our Father, Hail Mary, and Glory Be for  
the seminarians on their special day, along with the Prayer  
for Vocations

If you or someone you know is interested in discovering  
more about a call to the priesthood, please contact me:  
Father Nate Kuhn, Director of Vocational Recruitment for  
the Diocese of La Crosse, 3710 East Ave. S, PO Box 4004, La  
Crosse, WI 54602-4004; or phone 608-791-2667.

### FIRST SATURDAY AT THE SHRINE

February 5

11:15 meditation on one of the mysteries of the  
Rosary; 11:45 Rosary prayed; 12:15 Mass. Confession  
opportunity before and after Mass.

### MEDITATION FOR EMOTIONAL HEALTH

Thursday, February 3

6:30-7:30 pm via Zoom only

Guided meditation is proven to reduce stress and promote  
relaxation.

Sister Sarah Hennessey, FSPA, facilitator  
Register online at [www.FSCenter.org](http://www.FSCenter.org). or 608-791-5295.  
No charge for this program

### THE AMERICAN PROPHET SERIES

February 10, 6:30-8 pm: Dorothy Day

Presenter: Tony Pichler

In person or via Zoom; free will offering  
When Pope Francis addressed Congress in 2015, he  
named Dorothy Day as one of the most influential  
spiritual leaders of the 20<sup>th</sup> century. Along with Peter  
Maurin, she started the Catholic Worker Movement,  
centering her activity on Houses of Hospitality and the  
Catholic Worker newspaper, both of which continue  
to thrive nearly 90 years after their founding.  
Register by visiting [sarcenter.com](http://sarcenter.com) or call 715-443-2236.

### MAKING SENSE OF LIFE'S CHANGES

Sat, Feb 12, 9-noon, in person, Franciscan Spirituality C  
Presenters: Mike Hesch & Romona Schmelzer  
\$40; deadline Feb 9  
Change is inevitable, and even positive changes can  
pose challenges. Learn helpful strategies to guide you  
on the path to joyful acceptance.  
Go to: [FSCenter.org](http://FSCenter.org), or 608-791-5295

### AFTERNOON FOR LOVERS

**Curing the fear of forever: Little steps for a quality  
relationship/marriage**

Sun, Feb 13, 1-4 pm; \$65 per couple  
St. Anthony Retreat Center

Presenters: married couple & psychotherapists,  
Dakota Kaiser & Rachel Sheldon

A gathering packed with tools and activities to help  
build an epic relationship. Any couple looking to grow  
and improve their relationship will walk away with  
something to talk about.

Register at: [sarcenter.com](http://sarcenter.com) or call 715-443-2236.

### COURAGE AND ENCOURAGE APOSTOLATES

Ministry to those experiencing same-sex attraction  
and also their friends & relatives.  
Contact Ann Lankford: 608-791-2658.